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A note for you —

You'll notice that this book comes to you with the important points already highlighted.

That's so you can read each chapter and then go back over the highlighted sections to review the chapter's major points. The highlights will keep these points fresh in your mind.

Because you'll use this book as a guide all through high school, you'll be returning to it many times. The highlights will help remind you of what to do to stay on track — and the reasons that staying on track is important to your future.